



Volunteer counsellors placement opportunity

One in Four is a charity that offers restorative therapeutic services for people who have experienced childhood sexual abuse and/or sexual violence. We offer face-to-face and online counselling and groups across North and South London.

One in Four offers a range of excellent training and career advancement opportunities as well as high quality support and supervision for placement students. One in Four is committed to working hand in hand with training institutions to ensure a positive placement experience.

About the role

We ask that our volunteer counsellors are able to make a two-year commitment to the client work as we offer two-year contracts to clients. This affords clients time and space to reflect and gain meaning and develop new resources for their lives. Volunteer counsellors need to be aware that clients' material can often be graphic and detailed, therefore emotional and personal resilience are key qualities needed in the role.

Volunteer counsellors must meet the following criteria:

- Hold individual trainee professional insurance
- Be a student member or registered member of BACP/UKCP or other equivalent body
- Have a minimum of 50 counselling hours (35 of these must be with adult clients) supported by clinical supervision

- Have a private supervisor in addition to the free monthly supervision provided by One in Four (two-hour group supervision, maximum four people in the group)
- Students need to be in personal therapy.

About our expertise

Counsellors and psychotherapists are appropriately trained and supervised according to the BACP ethical guidelines and have additional skills in this specialist field. One in Four is committed to user empowerment, and operates a thorough quality assurance and competency framework for all professional services.

Benefits of a placement with One in Four

- Long-term work
- Develop trauma-informed practice
- Ongoing training/CPD
- Opportunity for experienced counsellors to run groups.

How to apply

If you feel you meet this criteria and are interested in a placement, please email recruitment@oneinfour.org.uk to receive an application form for you to complete and return along with your CV.

A chance to undertake long-term work with training and the opportunity to run groups – an ideal placement to help you develop your trauma-informed practice

 @WeAreOneInFour  OneInFourUK  one_in_four_uk oneinfour.org.uk

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